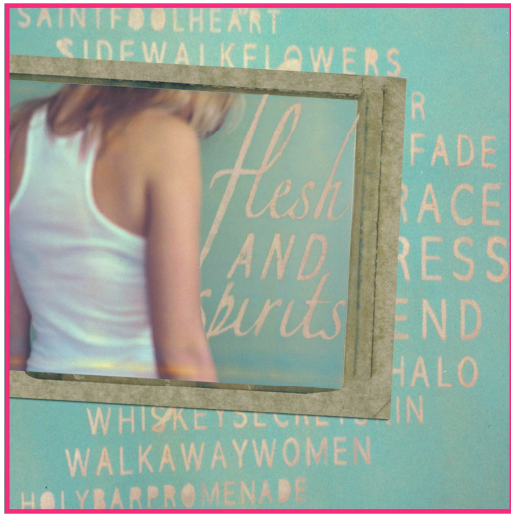


# THE GENA ROWLANDS BAND



## The Gena Rowlands Band

"Flesh and Spirits"

1. Fuckups of the World Unite
2. Love, For Want of a Lesser Word
3. Flesh and Spirits
4. The Joke I Play on Washington
5. Althea
6. God and the Way Women Walk
7. Hope, For Want of a Greater Word
8. The Dead President's Wife
9. Johnny Hearts June
10. These Windows on the World
11. Mercy

Recorded and produced by TJ Lippelle and Chad Clark at Silver Sonya / Inner Ear Studios, Arlington, Virginia USA. Mastered at Silver Sonya by TJ Lippelle.

<b>Bob Massey</b>	guitar, voice
<b>Jean Cook</b>	violin, voice
<b>David Durst</b>	keys, voice
<b>Erik Axelson</b>	bass
<b>Vin Novara</b>	drums, vibes
<b>Jason Caddell</b>	lead guitar

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**THE GENA ROWLANDS BAND** plays songs about b-movie starlets, x-movie starlets, waitresses, people born in the wrong skin, blonde strangers, barstool wisdom, bad parties, hope in the face of long odds, and the Man in Black looking back at the love of his life.

"These songs are barstool ruminations about women, wine and faith," says Bob Massey. "Because all three can be sources of mystery or revelation. And they're all intoxicating, in their own ways."

"It's tragic, hilarious, brilliant writing," says the Pittsburgh Post-Gazette of The Gena Rowlands Band. "A stunner," says Miami New Times. "Every song is great," according to The Houston Press.

*Flesh and Spirits* is The Gena Rowlands Band's **third full-length** recording for Lujo Records. It's the band's most focused, cohesive, and catchy work yet.

To create his finest album yet, GRB ringleader **Bob Massey** assembled a virtuosic band of Washington, DC's most acclaimed musicians. GRB regulars **Jean Cook** (who also plays with **Beauty Pill**, **Ida**, and **Jon Langford**) and **David Durst** were joined by **Vin Novara** (formerly of **CrownHateRuin**, **Oswego** and **Canyon**) as well as **Jason Caddell** and **Eric Axelson** (formerly of **The Dismemberment Plan**).

The result is eleven instantly memorable songs built on Massey's trademark lyrical formula that combines dry wit, darkness, and glimmers of love and light. If the band's debut (*La Merde et Les Etoiles*) was the soundtrack for a night of heartache, *Flesh and Spirits* is the jolt to get you out of bed in the morning.

*Flesh and Spirits* was recorded and produced by **Chad Clark** of **Beauty Pill** (Dischord) and **TJ Lippelle** of **Aloha** (Polyvinyl) of Silver Sonya, in Washington DC's legendary Inner Ear studios.

The GRB has toured with **Andrew Bird**, **Enon**, **The Dismemberment Plan** and others. In March 2007 the band will make their third appearance at SXSW in Austin, TX, as part of a tour of the southwestern U.S. A tour of the entire U.S. will follow in May 2007.

The Gena Rowlands Band are graduates of the Washington D.C post-punk community. But what you hear is utterly unexpected. Strings stolen from a b&w movie score or New York's experimental scene. The skitter of jazz brushes. A voice that draws more power from a whisper, a wry lyric, or a soulful falsetto than a scream.

[www.genarowlandsband.com](http://www.genarowlandsband.com)  
[www.myspace.com/genarowlandsband](http://www.myspace.com/genarowlandsband)  
[www.sonicbids.com/genarowlandsband](http://www.sonicbids.com/genarowlandsband)

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